TampaBayACLS.com /// TampaBayCPR.com 220 West Brandon Blvd Suite 200 Brandon Fl 33611 - (813) 528-1300

Please bring your current BLS card, current ACLS card (if renewing ACLS), Precourse Self-Assessment Certificate of Completion, and 2020 ACLS Provider Manual with you to class. These items are mandatory to gain access to class. We also recommend that you bring a boxed lunch. In an effort to get through all of the training materials we do not break for lunch. The new 2020 testing requires strong proficiency in rhythm identification.

Please plan to be on time because it will be difficult for late students to catch up once we start. Students are expected to attend and participate in the entire course. Enclosed is the agenda.

How to Get Ready

The ACLS Provider Course is designed to teach you the lifesaving skills required to be both a team member and a team leader in either an in-hospital or out-of-hospital setting. Because the ACLS Provider Course covers extensive material in a short time, you will need to prepare for the course beforehand.

Precourse Requirements

You should prepare for the course as follows:

- 1. *Precourse checklist*: Complete the precourse checklist that came with your *ACLS* Course Guide. Bring the checklist with you to the course.
- 2. CPR competency: Be prepared to pass the 1-rescuer CPR/AED and 1- and 2-rescuer CPR skills test. You will not be taught how to do CPR or how to use an AED during the course. You must know this in advance. The resuscitation scenarios require that your BLS skills and knowledge are current. Review and understand all BLS 2020 guidelines, as they relate to the patient. You may find this information in the BLS for Healthcare Providers manual or in other AHA guidelines publications (see www.americanheart.org/cpr).
- 3. Precourse Self-assessment test (required): Take the ACLS Precourse Self- Assessment and print out the course completion certificate. This is required for class. This course can be accessed at: elearning.heart.org

On arriving to the website you can find, the Precourse Preparation Checklist, ACLS Supplementary Material, Basic Airway Management, ACLS Core Rhythms, Defibrillation, Access for Medications, Acute Coronary Syndromes, Human, Ethical, and Legal Dimensions of ECC and ACLS, Intraosseous Access and Coping with Death.

- Practice cases: Work through the practice cases located on the AHA Student Website to familiarize yourself with the "assess-categorize-decide-act" model taught in the course. As you read through each case, try to answer the questions. Check your answers to make sure you understand the concepts.
- 2. ACLS algorithms and flowcharts: Be familiar with the ACLS algorithms and flowcharts so that you can apply them to clinical scenarios. Note that the ACLS course does not present the details of each algorithm.
- 3. Supplement your knowledge: Review and understand the information in the ACLS Provider Manual, the ACLS Course Guide, and the AHA Student Website. Pay particular attention to the systematic approach to patient assessment, the "assess-categorize-decide-act" model, and the management of respiratory and circulatory abnormalities.

4. Course agenda: Review the course agenda and note course activities where you might need to supplement your knowledge before attending the course.

What This Course Does Not Cover

The ACLS Provider Course does not teach CPR, ECG rhythm identification, ACLS pharmacology, or algorithms. If you do not review CPR and if you do not learn and understand the ECG and pharmacology information, it is unlikely that you can successfully complete the ACLS Provider Course. You will not be taught how to read or interpret ECG rhythm strips in the course, nor will you be taught details about ACLS pharmacology. You must know this in advance.

It is essential that you bring your ACLS Course Guide to class; you will need it during each lesson in the course.

You may refer to the *Handbook of Emergency Cardiovascular Care for Healthcare Providers* (optional), and you may bring it to the course to use as a reference during some of the stations in the course.

What to Wear

Please wear loose, comfortable clothing to class. You will be practicing skills that require you to work on your hands and knees, and the course requires bending, standing, and lifting. If you have any physical conditions that might prevent you from engaging in these activities, please tell an instructor. The instructor may be able to adjust the equipment if you have back, knee, or hip problems.

We look forward to having you in class on Thursday, April 29th, 2021 @ 9am. If you have any questions about the course, please call Melissa Mashaw-Keen at (813) 528-1300.

We look forward to having you attend the ACLS class. To prepare for class it is recommended that you purchase the American Heart Association's <u>Advanced Cardiovascular Life Support</u> 2020 Guidelines Provider Manual. This book can be purchased at the following AHA distributors:

World Point: www.eworldpoint.com This book is now available as an e-book.

We look forward to seeing you and hope that you find this course a valuable learning and sharing experience. If you have any questions or concerns, please feel free to contact Melissa Mashaw-Keen at 813-528-1300.

Warmest Wishes,

Melissa Mashaw
Tampa Bay CPR TampaBayACLS.com
Tampa Office - 3227 W. Cypress St, Tampa, FL 33607
Brandon Office - 220 W. Brandon Blvd, Suite 200, Brandon, FL 33511
813-528-1300
Tampabaycpr@verizon.net